

RCI Offshore Engineering Inc.

10134 Hammerly Blvd. # 105
Houston, TX 77080 281 935-8826

Comprehensive Health Association

9910 Long Point Rd
Houston, TX 77055

August 2012

RATING the SERVICES – An OPEN LETTER

To Whom it may Concern;

Allow me to introduce myself. I am the owner and lead consultant in a company that consults to the international oil & gas companies. I have had the privilege to work 20 years in Europe and 24 years in the USA managing a series of offshore projects. I hold a Bachelor of Science degree in Chemical Engineering and a Bachelor of Arts degree from the U of Iowa. I have been recognized for my industry records in several publications; by Italy with the prestigious *CAVELIERE FOR BUSINESS* decoration; a 2nd in the Queens Civil Engineering Excellence in the UK; and numerous other professional society recognitions. But none of this would have been possible without the project teams that I lead. Teams that needed me to be there for them as we worked horrific hours to achieve what others have never been able to duplicate. My health was critical. The advice of the physicians I attended had to be accurate. I have used physicians in Iowa, London, Aberdeen, Paris, Moscow and Houston. So when I prepared this rating of *Comprehensive Health Association (CHA)*, I used these experiences to make the rating.

It is becoming quite routine in today's internet world for clients of health care to rate the services received from doctors, health providers, nutritional advisors, etc. so others can benefit from the assessment. Instead of completing a pre-set survey format that often fails to provide the depth of assessment which leads to a rating with meaning, I offer this "Open Letter" for those interested in assessing the services of the *Comprehensive Health Association*.

I have been a client of *CHA* from 2008 thru 2009 and from March 2011 to the present August 2012. (In 2010 I was traveling where I spent months at a time with my consulting business in Europe, Africa and setting appointments was not possible). From the start of my health treatments in 2008 to the present, I give the highest rating of satisfaction with all services Dr. R. Battle M.D. and the *CHA* staff has provided me. I highly recommend Dr. Battle and his staff to any person searching for a comprehensive health management program.

As noted above, my rating is based on comparison of health treatments received from physicians and their staff in Iowa, Europe and Houston over 40+ years. It specifically includes parallel medical treatments in 2008-2012 in Houston's Willowbrook area by medical doctors and the staff of clinics and hospitals. Overall I would give their treatments a much lower rating for they did not solve my health issues.

I sought a comprehensive health doctor once I realized I could not get cures from medical doctors that specialize, but fail to understand overall the root causes of my illnesses as described below;

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- **Heavy metal poisoning:** Dr. Battle, unlike all other physicians quickly determined this condition through his analytical techniques of my vital signs and his EDAM testing protocol. He introduced me to the *Perfect Balance* nutritional supplement company and I have since had 3-sets of hair analyses that confirmed the poisoning and progress towards elimination. These results were discussed with a medical clinic. Their concern over the findings resulted in their refusal to give me any further injections for the prevention of tropical diseases as well as Malarone for the prevention of malaria. This refusal put my job at risk. I was desperate to find treatment to remove the heavy metals. Dr. Battle's use of ozone Major Autohemotherapy (MAH) with Ultraviolet Blood Irradiation (UVBI) and IV Chelation treatments has cleared me of virtually all heavy metals. My illnesses due to heavy metal poisoning are gone, memory restored, fatigue replaced with vitality and overall health greatly improved resulting in freedom of common illness. (Note: The therapies listed above are described on the internet; the symptoms of heavy metal poisoning are defined in detail in the Mayo Clinic web site).
- **Non Alcoholic Fatty Liver Disease (NAFLD):** In May 2011 my liver which was enlarging expanded to the extent that a stabbing pain occurred and was so great I could not sleep for 3 days. The hospital could not bring me any relief for there is no prescription drugs for liver disease. Dr. Battle determined and administered herbs that gave me relief within 2 days. In the weeks that followed Dr. Battle used MAH + UVBI and several nutritional supplement to support the liver in its activities and to rebuild its damage. I need to document that in the same time frame two medical doctor liver specialists determined that I had NAFLD. Both informed me there was no cure. Treatments by Dr. Battle over the following months not only prevented relapses, they enabled the liver to recover. In August 2012 the same medical liver specialist who advised I had NAFLD a year earlier advised the liver is now normal and all of its indicators are in the normal range. As Dr. Battle advised I am not cured, but I am on the path to keeping my liver in its normal state so it can do its daily functions. This I can live with and feel confident the NAFLD symptoms will not return. I intend to have the medical doctor liver specialist check me yearly.
- Vitamin D Deficiencies:** Dr. Battle immediately determined back in 2008 that my Vitamin D stores were not at the levels they needed to be and gave me both injections plus supplements to boost them to the upper levels of the advised range. Not until 2011 have the medical doctors paid attention to this deficiency. Perhaps now that my liver is functioning better I will be able to maintain hi-normal readings. The medical doctors agree this is an essential building block to sustained good health.
- **Enlarged Prostate:** I have had enlarged prostate since 2000 and have seen 5 different urologists. I have had two biopsies conductor by two different urologists; there is no indication of cancer. Every urologist has recommended that I go on prescription drugs despite all the warnings by the drug companies about the side effects and their reduction in the quality of life. I kept searching for another opinion for I did not want to go on the drugs with their damaging side effects. Over the years I have tried several herbal remedies with limited success. Under the protocols and treatments by Dr. Battle I now have the relief I was seeking, PSA indicators are under control.

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- Allergies: Dr. Battle's analytical methods determined that I had allergies, not that I ever noticed them in my daily routines. He administered Neural Peptides over a period of 3 years. I then began to realize how congestion free I could be once my allergies are controlled and eliminated.
- Heart Disease: I have always been athletically active; maintain an ideal weight for my body type. However in 2010 as I continued with my training routines I began to notice a slight tingling in the left arm along with shortness of breath. It never got worst, my blood pressure stayed constant 10 points above the ideal range, but it concerned me. In 2011 I was back in the care of Br. Battle and as he administered the chelation therapy for removal of my heavy metals my shortness of breath and tingling feelings improved. By April 2012 all tingling sensations and shortness of breath no longer exists. I am as strong in my workouts as I was in the early years of 2000. My blood pressure is now 120/85 and all my heart related indicators as determined by several blood tests are in the ideal levels.

In summary here are the treatments and nutritional protocols I have received under the supervision of Dr. Battle in the time periods noted above and I have an illness free life at 66 years because of them;

1. Treatments are; MAH, UVBI, IV Chelation, Clearing injections, Neural Peptides and injections of Vitamin D, B12, Folic Acid.
2. Nutritional Supplements are; Hydration protocols, water to alkalize the body, UNDA herbals, every supplement and vitamins of the highest non-GMO quality in protocols that varied depending on the results of Dr. Battle's monthly Kinesiology assessments and discussion with me on energy and general feelings of wellness.
3. Exercise Programs are; Dr. Shallenberger *Bio-Energy Testing* and energy increasing exercise program.

Dr. Battle also provided me with guidance to see a biological dentist to ensure all amalgams are removed from my teeth and a dental surgeon to remove my 3 remaining wisdom teeth. Guidance I followed and that further improved my wellness. My teeth have never been so free of tooth decay nor have the gums been so healthy and perfect in structure.

Lastly I can state that the expense of CHA consultations, treatments and supplements are to me fair and true value for the cost charged. I have some of the best rated health insurance but they do not cover 85% of the treatments provided by CHA. This is not an issue with me. Without the treatments provided by *Comprehensive Health Association* my ability to provide services to my clients in the demanding and fast-paced oil & gas industry would be over. In essence Dr. Battle saved my business. CHA is, and will remain, an essential part of my health wellness. I simply cannot do without the *Comprehensive Health Association's* guidance, protocols and treatments to ensure my business and my quality of life.

But allow me to be very clear Dr. Battle has always maintained that if I should arrive at CHA with a disease that urgently required prescription drugs to establish control of the situation, he would prescribe them. This is an assurance I can rely upon equal to going to an ER should I be injured in a car accident. But following the control or the repair of the injury, I would expect Dr. Battle to begin the treatments and protocols noted above to bring me back to harmonious health and wellness.

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Should any person or medical relate agency/physician wish to discuss the details behind the subjects outlined in this open letter of rating I am more than willing to have that discussion.

To all those seeking complete heath management, I am sincerely,

A handwritten signature in black ink that reads "Richard C. Luedtke". The signature is written in a cursive style with a long horizontal flourish extending to the right.

Richard C Luedtke, BSChE and BA
President